

GRAB N' GO!

syntrax
NECTAR^{SWEETS}
 DOUBLE STUFFED COOKIE

20
 PACKETS

DOUBLE STUFFED COOKIE
 NATURALLY & ARTIFICIALLY FLAVORED

PROTEIN 23 GRAMS	SUGAR 2 GRAMS	FAT 0.5 GRAMS	SODIUM 130 MILLIGRAMS
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20 - 1.1 oz (31 g) BAGS NET WT: 22.0 oz (620 g)

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NECTAR^{SWEETS}
 NATIVE WHEY PROTEIN ISOLATE

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syntrax
 NUTRITION



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Nutrition Facts

20 servings per box
 Serving size 1 Packet (31g)
 Amount Per Serving **120**
Calories

Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	2%
Includes 1g Added Sugars	2%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 0.5mg	2%
Potassium 90mg	2%

% Daily Value*

Important Amino Acids Per 100 Grams Of Protein

Arginine*	2.4g
Glutamine/Glutamic Acid*	7.4g
Histidine*	1.7g
Isoleucine**	6.7g
Leucine**	11.9g
Lysine*	9.7g
Methionine*	2.0g
Phenylalanine*	3.3g
Threonine**	7.2g
Tryptophan*	2.1g
Valine**	6.2g

* Essential Amino Acids
 ** Branched-Chain Amino Acids
 † Important Nonessential Amino Acids

INGREDIENTS: Whey protein isolate*, chocolate cookie pieces (enriched flour, white sugar, palm oil, salt, high oleic safflower oil, cocoa processed with alkali, salt, sodium bicarbonate, chocolate liquor, chocolate liquor, cocoa butter, anhydrous milk fat, lecithin, vanilla, lecithin, vanilla), natural and artificial flavors, lecithin, salt, Acesulfame-K, sucralose.

CONTAINS: Milk, Wheat, Soy. Produced in a facility that uses eggs and general products.
 * Ultrafiltered and ultrafiltered; includes beta lactoglobulin, alpha lactalbumin, glycomacropeptide, immunoglobulin, D.S. albumin, protease peptone, lactoferrin, lipoperoxidase.

SUGGESTED USE: Based on taste preference, vigorously mix one packet of Nectar® per 8-10 oz of water or milk for 20-30 seconds. For those with lower protein needs, one half packet may be consumed with 3-8 oz of water or milk. Consume Nectar® two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar® mixes instantly with a spoon and tastes great... GUARANTEED!

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

†Net Wt. Use this product as a food supplement only. Do not use for weight reduction.

Manufactured by:
 Syntrix, Inc.
 2000 Blue Ridge
 Columbia, MD 21046 USA
 (410) 222-5145
 www.syntrax.com
 Made in the USA



Mixes Instantly
 Contains rBST-Free, Grass-Fed Whey
 Kosher & Halal
 Real Cookie Pieces
 Lactose Free

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