

**GRAB N' GO!**

**syntrox**  
**NECTAR** LATTES  
CAPPUCINO

20  
PACKETS

**CAPPUCINO**  
NATURALLY & ARTIFICIALLY FLAVORED

<b>PROTEIN</b>	<b>SUGAR</b>	<b>FAT</b>	<b>CAFFEINE</b>
<b>23</b>	<b>0</b>	<b>0</b>	<b>0</b>
GRAMS	GRAMS	GRAMS	MILLIGRAMS

20 - 1.0 oz (28g) BAGS NET WT: 20.0 oz (560g)

**syntrox**  
**NECTAR** LATTES  
NATIVE WHEY PROTEIN ISOLATE

**GRAB N' GO!**

**GRAB N' GO!**

**syntrox**  
**NECTAR** LATTES  
CAPPUCINO

**syntrox**  
**NECTAR** LATTES  
GRAB N' GO

Mixes Instantly  
Contains rBST-Free, Grass-Fed Whey  
Kosher & Halal  
Robust Coffee Flavor  
Lactose & Gluten Free

In the world of protein beverage powders, the name Nectar® signifies delicious fruit juice flavors. It means ZERO carbs and ZERO fat. It means instant mixability when mixed with water. It means a pure flavor with no strange aftertastes or hints of protein. It means native whey that derives from rBST-free cows that feed on grass and forage. To put it simply, Nectar® is the de facto image of quality when it comes to protein drinks.

As the symbol of protein excellence, we did not want to limit Nectar® to only fruit juice flavors. We therefore researched long and hard to find other beverage flavors that would be perfectly compatible with the high-quality standards that Nectar® has achieved. After much experimentation and discovery, we developed Nectar® Lattes. Caffeinated Caramel Macchiato and the original decaf Cappuccino highlight the perfect success we had in creating these coffee-flavored protein powders. With all of the taste characteristics of a barista-made coffee, Nectar® Lattes is sure to please the most discriminating coffee drinker.

**syntrox**  
NUTRITION



**FOLLOW US ON SOCIAL MEDIA!**

**Nutrition Facts**

20 servings per box

Serving size	1 Packet (28g)
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>100</b>
<b>Total Fat</b> 0g	0%*
<b>Saturated Fat</b> 0g	0%*
<b>Trans Fat</b> 0g	0%*
<b>Cholesterol</b> 0mg	0%*
<b>Sodium</b> 55mg	2%*
<b>Total Carbohydrate</b> 1g	0%*
<b>Dietary Fiber</b> 0g	0%*
<b>Total Sugars</b> 0g	0%*
<b>Includes: 0g Added Sugars</b>	0%*
<b>Protein</b> 23g	
<b>Vitamin D</b> 0mcg	0%
<b>Calcium</b> 120mg	10%
<b>Iron</b> 0.2mg	2%
<b>Potassium</b> 170mg	4%

**Important Amino Acids Per 100 Grams Of Protein**

Arginine*	2.4g
Glutamine/Glutamic Acid*	7.4g
Histidine*	1.7g
Isoleucine**	6.7g
Leucine**	11.9g
Lysine*	9.7g
Methionine*	2.0g
Phenylalanine*	3.3g
Threonine*	7.2g
Tryptophan*	2.1g
Valine**	6.2g

\* Essential Amino Acids  
\*\* Branched-Chain Amino Acids  
\* Important Nonessential Amino Acids

**INGREDIENTS:** Whey protein isolate\*, decaffeinated pure coffee, lepton, natural and artificial flavors, acesulfame-K, sucralose.

**CONTAINS:** Milk, Soy. Produced in a facility that uses eggs, wheat and peanut products.

\* Unlabeled and underlined: includes beta lactoglobulin, alpha lactalbumin, glycomacropeptide, immunoglobulin, I.S. albumin, protease peptone, lactoferrin, lipoperoxidase.

**SUGGESTED USE:** Based on taste preference, vigorously mix one packet of Nectar® per 8-10 oz of water or milk for 30-60 seconds. For those with lower protein needs, one half packet may be consumed with 3-8 oz of water or milk. Consume Nectar® up to three times per day to satisfy your protein requirements. Formulate the best time for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar® mixes instantly with a spoon and tastes great... GUARANTEED!

**Notes:** Use this product as a food supplement only. Do not use for weight reduction.

Manufactured by:  
SOLA, Inc.  
Cape Girardeau, MO 63702 USA  
(800) 363-3863 (US)  
www.syntrox.com  
Made in the USA



81000715426211