

Welcome to the critically acclaimed world of Nectar®! Gone are the days of low-quality whey protein. Gone are the days of those blah-tasting protein drinks that promise much but deliver little. Nectar® once and for all breaks the mold by combining Promina™, the highest-quality whey protein isolate ever developed, with a flavoring system so fruitilicious that you will never drink a different whey protein shake again.

If you like the refreshing taste of fruit juice, you'll love Nectar®! With its mouthwatering fruit flavors, Nectar® is truly a protein drink you will look forward to drinking each and every day. Whether it be Apple Ecstasy, Caribbean Cooler, Crystal Sky, Fuzzy Navel, Lemon Tea, Pink Grapefruit, Roadside Lemonade, Strawberry Kiwi, Twisted Cherry or Wild Grape, Nectar® will keep you coming back for more.

What's more, we did something totally amazing by engineering Nectar® to be so delicious that you can eat it right out of the container. Imagine putting a protein powder in your mouth and it tasting like candy. Imagine this protein powder having ZERO carbs and ZERO fat. Stop imagining! We've brought you Nectar®!

SUGGESTED USE: Based on taste preference, vigorously mix 2–4 oz of water per serving (1/4 scoop) of Nectar® for 30–60 seconds. One full scoop, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8–16 oz of water. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar® mixes instantly with a spoon and tastes great . . . GUARANTEED!

Notice: Use this product as a food supplement only. Do not use for weight reduction.



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NECTAR®

WHEY PROTEIN ISOLATE



■ Mixes Instantly
 ■ Zero Carbs; Zero Fat
 ■ Promina™ Whey Isolate
 ■ Refreshing Fruit Juice Flavor
 ■ Lactose & Gluten Free



TWISTED CHERRY
 Net Weight: 32.0 oz (2.00 lb) (907 g)

Nutrition Facts

Serving Size: 1/4 Scoop (7g)
 Servings Per Container: 130

Amount Per Serving		% Daily Value*	
Calories	25		
Calories from Fat	0		
Total Fat	0g	0%*	
Saturated Fat	0g	0%*	
Trans Fat	0g		
Cholesterol	0mg	0%*	
Sodium	15mg	1%*	
Potassium	40mg	1%*	
Total Carbohydrate	0g	0%*	
Dietary Fiber	0g	0%*	
Sugars	0g		
Protein (23g per scoop)	6g	12%*	

Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	0%
Phosphorus	2%	Magnesium	0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Important Amino Acids Per 100 Grams Of Protein

Arginine●	2.4g
Glutamine●	7.4g
Histidine*	1.7g
Isoleucine‡*	6.7g
Leucine‡*	11.9g
Lysine*	9.7g
Methionine*	2.0g
Phenylalanine*	3.3g
Threonine*	7.2g
Tryptophan*	2.1g
Valine‡*	6.2g

* Essential Amino Acids
 ‡ Branched-Chain Amino Acids
 ● Important Nonessential Amino Acids

One Scoop of Nectar® Contains:

Protein | **Fat** | **Sugar**
23g | **0g** | **0g**

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

INGREDIENTS: Whey protein isolate (milk)*, citric acid, natural and artificial flavors, lecithin (soy), acesulfame-K, FD&C Red #40, sucralose, FD&C Blue #1.

* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactoalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.