

Reminiscent of times gone by, Nectar® Naturals conjures images in which man and nature reside in harmony. Toiling in the field with one's own hands, cooking from scratch in the kitchen, picking and eating fruit fresh from the tree. Nectar® Naturals is the obvious, evolutionary progression of our flagship product Nectar®. Containing no artificial sweeteners, colors or flavors, Nectar® Naturals is designed for those who want only the highest-quality ingredients. Nectar® Naturals . . . from nature . . . bringing you back to nature.

To ensure that Nectar® Naturals tastes every bit as good as regular Nectar®, we reformulated and drastically improved its sweetening system. No longer is there a slight, strange aftertaste that is typical of natural sweeteners, such as stevia. Working tirelessly over the past several years, we developed a proprietary, all-natural sweetening system that equals the sweetness and tastiness of real sugar. What is missing? Only the negative health effects associated with sugar's consumption. Nectar® Naturals is now so perfect and delicious that it is available in six amazing flavors . . . Natural Fruit Punch, Natural Orange, Natural Peach, Natural Chocolate, Natural Strawberry Cream and Natural Vanilla.

**SUGGESTED USE:** Based on taste preference, vigorously mix 2-4 oz of water per serving (1/4 scoop) of Nectar® Naturals for 30-60 seconds. One full scoop, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8-16 oz of water. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar® Naturals mixes instantly with a spoon and tastes great . . . **GUARANTEED!**

Notice: Use this product as a food supplement only. Do not use for weight reduction.



Manufactured for:  
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**SYNTRAX®**

# nectar® naturals

WHEY PROTEIN ISOLATE



**Mixes Instantly**  
**Zero Sugar; Zero Fat**  
**Refreshing Fruit Juice Flavor**  
**All-Natural Formula**  
**Lactose & Gluten Free**

**NATURAL FRUIT PUNCH**  
Net Weight: 32.0 oz (2.00 lb) (907 g)

## Nutrition Facts

Serving Size: 1/4 Scoop (7g)  
Servings Per Container: 130

Amount Per Serving		% Daily Value*	
<b>Calories</b>	25		
Calories from Fat	0		
<b>Total Fat</b>	0g	<b>0%*</b>	
Saturated Fat	0g	<b>0%*</b>	
Trans Fat	0g		
<b>Cholesterol</b>	0mg	<b>0%*</b>	
<b>Sodium</b>	15mg	<b>1%*</b>	
<b>Potassium</b>	40mg	<b>1%*</b>	
<b>Total Carbohydrate</b>	0g	<b>0%*</b>	
Dietary Fiber	0g	<b>0%*</b>	
Sugars	0g		
<b>Protein (23g per scoop)</b>	<b>6g</b>	<b>12%*</b>	
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	0%
Phosphorus	2%	Magnesium	0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

**Calories per gram:**  
Fat 9 • Carbohydrate 4 • Protein 4

## Important Amino Acids Per 100 Grams Of Protein

Arginine●	2.4g
Glutamine●	7.4g
Histidine*	1.7g
Isoleucine‡*	6.7g
Leucine‡*	11.9g
Lysine*	9.7g
Methionine*	2.0g
Phenylalanine*	3.3g
Threonine*	7.2g
Tryptophan*	2.1g
Valine‡*	6.2g

● Essential Amino Acids  
‡ Branched-Chain Amino Acids  
• Important Nonessential Amino Acids

One Scoop of Nectar® Naturals Contains:

**Protein 23g** | **Fat 0g** | **Sugar 0g**

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

**INGREDIENTS:** Whey protein isolate (milk)\*, citric acid, natural flavors, enzymatic stevia extract, soy lecithin, monk fruit concentrate, red rice powder.

\* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.