

**GRAB N' GO!**

**syntrx**  
**NECTAR**  
TWISTED CHERRY

**20**  
PACKETS

**TWISTED CHERRY**  
NATURALLY & ARTIFICIALLY FLAVORED

<b>PROTEIN</b>	<b>SUGAR</b>	<b>FAT</b>	<b>SODIUM</b>
<b>23</b>	<b>0</b>	<b>0</b>	<b>55</b>
GRAMS	GRAMS	GRAMS	MILLIGRAMS

20 - 1.0 oz (28g) BAGS NET WT: 20.0 oz (560g)

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**NECTAR**  
NATIVE WHEY PROTEIN ISOLATE

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NUTRITION



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**Nutrition Facts**

20 servings per box

Serving size	1 Packet (28g)
Amount Per Serving	<b>90</b>
<b>Calories</b>	
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Includes: 0g Added Sugars	0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 120mg	10%
Iron 0mg	0%
Potassium 80mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Important Amino Acids Per 100 Grams Of Protein**

Arginine*	2.4g
Glutamine/Glutamic Acid*	7.4g
Histidine*	1.7g
Isoleucine**	6.7g
Leucine**	11.9g
Lysine*	9.7g
Methionine*	2.0g
Phenylalanine*	3.3g
Threonine*	7.2g
Tryptophan*	2.1g
Valine**	6.2g

\* Essential Amino Acids  
\*\* Branched-Chain Amino Acids  
\* Important Nonessential Amino Acids

**INGREDIENTS:** Whey protein isolate\*, citric acid, natural and artificial flavors, lecithin, succinylamide-K, FD&C Red #40, sucralose, FD&C Blue #1.

**CONTAINS:** Milk, Soy. Produced in a facility that uses egg, wheat and peanut products.

\*Lactoferrin and undenatured, includes beta lactoglobulin, alpha lactalbumin, glycomacropeptide, immunoglobulin, I.S. albumin, globulin, lactoferrin, lactoferrin, lactoperoxidase.

**SUGGESTED USE:** Based on taste preference, vigorously mix one packet of Nectar® per 8-10 oz of water for 30-60 seconds. For best results, mix with a spoon; shaking may cause excessive foaming. For those with lower protein needs, one half packet may be consumed with 3-8 oz of water. Consume Nectar® two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon waking in the morning, after intense physical activity, such as weight training, and prior to sleep.

**Manufactured by:**  
syntrx, Inc.  
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(860) 293-5383 (Toll Free)  
www.syntrx.com  
Made in the USA



**syntrx**  
**NECTAR**  
GRAB N' GO

Mixes Instantly  
Contains rBST-Free, Grass-Fed Whey  
Kosher & Halal  
Refreshing Fruit Juice Flavors  
Lactose & Gluten Free