

- ZERO CARBS; ZERO FAT
- PROMINA™ WHEY ISOLATE
- REFRESHING FRUIT JUICE FLAVOR
- LACTOSE & GLUTEN FREE

## SUGGESTED USE:

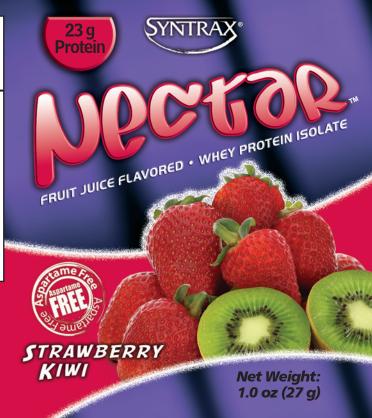
Based on taste preference, mix 2–4 oz of water per serving (1/4 packet) of Nectar™. One full packet, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8–16 oz of water. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar™ mixes instantly with a spoon and tastes great . . . GUARANTEED!



## Manufactured for:

**SIGS**, Inc. PO Box 1715

Cape Girardeau, MO 63702 USA Tel: (866) 333-SI03 (7403) Website: www.syntrax.com



## Nutrition Facts

Serving Size: 1/4 Packet (7g) Servings Per Packet: 4

	Amount Per Serving			
	Calories Calories from Fat		25 0	
	Galorico II	mi i ut		y Value*
	Total Fat		0g	0%*
	Saturated Fat		0g	0%*
	Trans Fat		0g	
	Cholesterol		0mg	0%*
	Sodium		15mg	1%*
i i	Potassium		40mg	1%*
	Total Carbohydrates		0g	0%*
	Dietary Fiber		0g	0%*
	Sugars		0g	
80	Protein		6g	12%*
	Vitamin A	0%	Vitamin C	0%
	Calcium	2%	Iron	0%
	Phosphorus	2%	Magnesium	0%
	Phosphorus	2%	Magnesiu	m

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,50
Total Fat	Less than	65a	80
Sat Fat	Less than	20ğ	25
Cholesterol	Less than	300mg	300m
Sodium	Less than	2,400mg	2,400m
Potassium		3,500mg	3,500m
Total Carbohydrate		300g	375
Dietary Fiber		25g	30
Protein <sup>*</sup>		50g	65
Calories per gram			

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

## INGREDIENTS:

Whey protein isolate (milk)\*, citric acid, natural and artificial flavors, soy lecithin, acesulfame-K, FD&C Red #40, sucralose.

\* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactoalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.