

- ZERO CARBS; ZERO FAT
- PROMINA™ WHEY ISOLATE
- REFRESHING FRUIT JUICE FLAVOR
- LACTOSE & GLUTEN FREE

SUGGESTED USE:

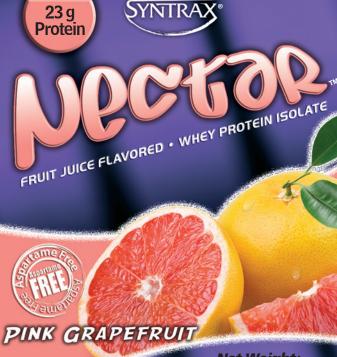
Based on taste preference, mix 2–4 oz of water per serving (144 packet) of Nectar™. One full packet, providing 23 g of protein, 0 g of fat and 0 g of sugar, may be mixed with 8–16 oz of water. Consume the desired number of servings two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Nectar™ mixes instantly with a spoon and tastes great . . . GUARANTEED!



Manufactured for:

SIGS, Inc. PO Box 1715

Cape Girardeau, MO 63702 USA Tel: (866) 333-SI03 (7403) Website: www.syntrax.com



Net Weight: 1.0 oz (27 g)

Nutrition Facts

Serving Size: 1/4 Packet (7g) Servings Per Packet: 4

Amount Per Serving			
Calories	25		
Calories from Fat	0		
	% Daily	Value*	
Total Fat	0g	0%*	
Saturated Fat	0g	0%*	
Trans Fat	0g		
Cholesterol	0mg	0%*	
Sodium	15mg	1%*	
Potassium	40mg	1%*	
Total Carbohydrates	0g	0%*	
Dietary Fiber	0g	0%*	
Sugars	0g		
Protein	6g	12%*	
Vitamin A 0%	Vitamin C	0%	
Calcium 2%	Iron	0%	
Phosphorus 2%	Magnesium	0%	

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on

,	Calories:	2,000	2,500
Total Fat Sat Fat Cholesterol Sodium Potassium Total Carbohydrate Dietary Fiber Protein	Less than Less than Less than Less than	65g 20g 300mg 2,400mg 3,500mg 300g 25g 50g	80g 25g 300mg 2,400mg 3,500mg 375g 30g 65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Whey protein isolate (milk)*, citric acid, natural and artificial flavors, soy lecithin, acesulfame-K, sucralose, FD&C Red #40, FD&C Yellow #5

* Promina™ brand; ultrafiltered and undenatured; includes beta lactoglobulin, alpha lactoalbumin, glycomacropeptides, immunoglobulin, b.s. albumin, protease peptone, lactoferrin, lactoperoxidase.