

Being the major protein in milk, casein is one of the highest-quality proteins known to man. Unfortunately, inferior processing techniques can alter or denature this superior protein. Denatured caseins, such as sodium and potassium caseinate, dominate the marketplace but are devoid of the best qualities that make pure, native casein so wonderful.

Native casein, also known as micellar casein, is a special product produced in the absence of high heat and caustic chemicals through a gentle filtration method. It is easily differentiated from its denatured cousin by its superior, clean, creamy taste and ability to disperse instantly without becoming chalky or thick. In addition, micellar casein has superior health-inducing properties by optimizing muscular and whole-body recovery and repair.

Micellar Crème™ is the epitome of excellence for a casein protein product. It contains fresh, native micellar casein that is not tainted with inferior caseinate salts. Micellar Crème™ mixes instantly with a spoon, has a creamy, smooth mouthfeel and tastes just like a real milkshake.

SUGGESTED USE: Vigorously mix one scoop of Micellar Crème™ per 8 oz of water or milk for 30–60 seconds. For those with lower protein needs, one half scoop may be consumed with 4 oz of water or milk. Note the extra calories when combined with milk. Consume Micellar Crème™ two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Micellar Crème™ mixes instantly with a spoon and tastes great . . . GUARANTEED!

Notice: Use this product as a food supplement only. Do not use for weight reduction.



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Micellar Crème™

Vanilla Milkshake

FRESH, NATIVE MICELLAR CASEIN

- Zero Fat
- Mixes Instantly
- Sustained-Release Formula
- Rich, Creamy Milkshake Flavor
- Zero Denatured Caseinate Salts

Net Weight: 32.0 oz (2.00 lb) (907 g)



Nutrition Facts

Serving Size: 1 Level Scoop (29g)
 Servings Per Container: 31

	Amount Per Serving	
Calories	100	
Calories from Fat	0	
		% Daily Value*
Total Fat	0g	0%*
Saturated Fat	0g	0%*
Trans Fat	0g	
Cholesterol	20mg	7%*
Sodium	95mg	4%*
Potassium	220mg	6%*
Total Carbohydrate	5g	2%*
Dietary Fiber	0g	0%*
Sugars	5g	
Protein	20g	40%*

Vitamin A	0%	Vitamin C	0%
Calcium	60%	Iron	0%
Phosphorus	40%	Magnesium	8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000		2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Potassium	Less than	3,500mg	3,500mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Protein		50g	65g	

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Important Amino Acids Per 100 Grams Of Protein

Arginine•	3.7g
Glutamine•	7.1g
Histidine*	2.7g
Isoleucine‡*	5.3g
Leucine‡*	9.6g
Lysine*	8.4g
Methionine*	2.8g
Phenylalanine*	4.9g
Threonine*	4.5g
Tryptophan*	1.4g
Valine‡*	6.4g

* Essential Amino Acids
 ‡ Branched-Chain Amino Acids
 • Important Nonessential Amino Acids

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

INGREDIENTS: Micellar casein (milk) protein concentrate, natural and artificial flavors, silicon dioxide, salt, vanilla bean powder, acesulfame-K, sucralose.