THE PROBLEM: Protein powders that are low in quality, contain fat-inducing maltodextrin, taste horrible, require a blender to mix properly and contain only one very fast-acting protein. No doubt that most of these products are cheap, but who wants to gag something down day after day that's neither convenient nor beneficial?

THE SOLUTION: Matrix® protein powders. Taking years to properly formulate. Matrix® solves all of the problems currently afflicting those other low-grade protein powders. Most importantly, we completely stayed away from cheap, inferior protein sources, such as denatured sodium and calcium caseinate. We knew that to be the best, we had to use only the highest- quality protein sources, such as ultrafiltered whey protein, ultrafiltered milk protein, native egg albumin and glutamine peptides. The costs are much higher, but the rewards are significant. These proteins not only taste great, but they are unmatched in their ability to improve overall health as well as build critical bodily tissues and processes.

To make the highest-quality product in the industry, we knew we had to do even more. We decided that we would not settle for anything but the best-tasting protein powder on the market. After countless trials, we arrived at several delicious flavors that are pure ecstasy to consume.

Completing our solution to the problem, Matrix® is thoroughly instantized so that every scoop dissolves perfectly in your favorite beverage. No more disgusting clumps or blenders that dirty your kitchen ... with Matrix®, you only need a spoon!

SUGGESTED USE: Vigorously mix one scoop of Matrix® per 8 oz of water or milk for 30-60 seconds. For those with lower protein needs, one half scoop may be consumed with 4 oz of water or milk. Note the extra calories when combined with milk. Consume Matrix® two to three times per day to satisfy your protein requirements. Remember, the best times for consuming protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Matrix® mixes instantly with a spoon and tastes great ... GUARANTEED!

Notice: Use this product as a food supplement only. Do not use for weight reduction.

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Manufactured for: **5103**, Inc. PO Box 1715 Cape Girardeau. MO 637Ø2 USA

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SUSTAINED-RELEASE PROTEIN



- Undenatured Whey Protein,
  Micellar Casein & Egg Albumin
  Micellar Casein & Recovery
  Vital Nutrition for Health & Recovery
  Best-Tasting Protein ... Guaranteed
- Glutamine Peptides
- Mixes Instantly

## Nutrition Facts

your calorie needs:

Total Carbohydrate

Calories per gram:

Fat 9 • Carbohydrate 4

Dietary Fiber

Total Fat

Servings Per Container: 15

Amount Per Serving		
Calories Calories from Fat	110 15	
	% D	aily Value*
Total Fat	1.5g	2%*
Saturated Fat	1g	5%*
Trans Fat	0g	
Cholesterol	40mg	13%*
Sodium	80mg	3%*
Potassium	200mg	6%*
Total Carbohydrate	2g	1%*
Dietary Fiber	0g	0%*
Sugars	2g	
Protein	23g	46%*
Vitamin A 0%	Vitamin C	0%
Calcium 15%	Iron	0%

\* Percent Daily Values are based on a 2,000 calorie diet.

Your daily values may be higher or lower depending on

Less than Less than 2 400mg

3,500mg

Magnesium

(whey protein concentrate\*, mill protein concentrate\*) non-dair gluten\*, egg albumin\*), natural and artificial flavors, lecithin (sov), salt. acesulfame-K sucralose.

Essential Amino Acids Branched-Chain Amino Acids

Important Nonessential

Important Amino Acids

Per 100 Grams Of Protein

Glutamine

Isoleucine±\*

Leucinet\*

Methionine\*

Phenylalanine\*

hreonine\*

Amino Acids

Valinet\*

- Promina™ brand: ultrafiltered and
- Ultrafiltered and undenatured: includes micellar casein
- Source of alutamine peptides Undenatured

Simply Varilla

Net Weight: 16.0 oz (1.00 lb) (454 g)

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

3.500m